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**OFFICE OF THE PCDA (WC), CHANDIGARH
CIRCULAR**

Subject: Regarding Celebration of 4th International Day of Yoga on 20th and 21st June 2018.

To celebrate 4th International Day of Yoga, 2018 motivational Yoga Programme for the officers and staff of the PCDA (WC) is being organized on **20th and 21st June 2018 in Multipurpose Hall of Main Office, Chandigarh** as per guidelines and instructions contained in Ministry of Ayurveda, Yoga & Naturopathy Unani, Siddha and Homeopathy (AYUSH) D.O. No.Z-28021/111/2018-IT Cell dated 18.05.2018 received under HQrs. Letter No. AN/III/3012/Misc./Yoga/Vol.XIV dated 01.06.2018. The details of programme are as under:

Sr.No.	Date	Timings	Faculty for Yoga	Programme
1	20-06-2018	09:30 to 11:00	Brig. Narendra Singh	Yoga and Meditation
2	21-06-2018	10:30 to 12:00	Mrs. Anupma and Mr. Sumant Batish	Holistic Health Programme

All officers and staff members are requested to be seated in Multipurpose Hall by 9.15 AM on 20th June and 10.15 AM on 21st June.


(SAHIL GOYAL)
DCDA (AN)

No. AN/III/1175/Yoga Day
Dated:19-06-2018

Distribution:

1.	PS to PCDA	For information please.
2.	PA to Addl. CDA	For information please.
3.	All IDAS Officers.	For information please.
4.	The Officer Incharge (All Sections in Main Office)	For information and with the request that the contents of the circular may please be got noted from the staff members under their control.
5.	The Officer Incharge, IT&S Section (Local)	For information with a request to upload the same on PCDA Website and also to get all the arrangements done for presentation on projector.


Sr. Accounts Officer (AN).